



green  
events



# SUSTAINABLE OUTDOOR TEAM BUILDING

In and around Barcelona

We are associated with:



## GENERAL CONDITIONS

- Group: min 10 ppl.
- VAT is not included in prices.
- Languages: Catalan, Spanish and English. We might be able to manage other languages.
- Foreign languages prices are with surcharge.
- If you are a Spanish Company and the group is between 10-30 ppl, you can manage to reward our Outdoor or OnSite expenses/activities as training, except obstacle courses and Poblenou tour, obstacle courses and hike.
- 50% of payment must be done at least one month in advance for booking, other 50% percent must be done one day before the event.
- You will get a certificate of having done a sustainable experience or activity.
- You will get photos and a short video like a souvenir.
- If it rains, the event will be done with an umbrella or will be scheduled for another day.
- Changes are not accepted 4 business days prior experience or activity.

## Get in touch

+34 696881164

[hola@greeneventsbarcelona.com](mailto:hola@greeneventsbarcelona.com)

[@greeneventsbcn](https://www.instagram.com/greeneventsbcn)



# OBSTACLE COURSE AT BCN CENTRE

**You will know Bcn social  
and ecological problems**

The game allows you to enjoy Barcelona centre through a series of tests and questions that must be done on a team. Participants discover places, stories and social and environmental aspects that affect the city of Barcelona, with specific issues that impact particular neighborhoods such as Born and Raval, such as immigration, the challenges of interculturality and the increase in the price of housing. You will also discover innovative social economy projects that provide solutions to these problems.

You have the option to finish in a restaurant that has social economy criteria where you will have lunch and where the winner team will be given the award.



max. 300 pax



From 42/pax



3 hours



# TEAM COOKING

## Description

Prepare paella with your colleagues, some tapas or dishes from one of the following countries: Morocco, Afghanistan, Senegal or the Andes. Join us for an authentic gastronomic and intercultural experience where you can share experiences with immigrants who have come to Spain in vulnerable social and work conditions.



From 79€/pax



4 hours



max. 25 pax

# OBSTACLE COURSE TO SOLVE ECOLOGICAL CHALLENGES

## At Collserola Park

The Obstacle course poses challenges to survive the main environmental problems. The course is a game which tests the collaboration and survival capabilities of your team. A fun game where you can brainstorm about ways to solve environmental problems. A group of scientists has developed a program that allows a group of humans to remain alive after they wake up 100 years following extinction in a time when the planet has recovered from the damage that was previously done by humans. The future humans must be better than they were before: survive with the minimum, respect other species (animals and plant life), work together and help each other. This is a training in which your mission will be to prove that you can achieve what is required to be part of the next human civilization; all teams must win or all will be lost.



From 49€/pax



3 hours



max. 50 pax

# BE A FARMER FOR ONE DAY

## At an ecological allotment

Visit an organic vegetable allotment and learn through games about sustainable food, agroecology, seasonal crops, mediterranean plants, and do a volunteering to maintain this allotment. You will cook an authentic Catalan meal (called calçotada) or paella as part of a team.

Calçots are long, thin onions, and are a typical Catalan crop that is harvested between January and March. The calçots are placed on grills over a wood fire where they are cooked, eaten and then served with an almond-based sauce called romesco and accompanied with sausage and bread.



From 79€/pax



4 hours



max. 60 pax





# WORLD OF BEES

## Description

Visit a bee conservation and honey production farm that was created to employ people with mental functional diversity. These employees help take care of the bees and are also co-guides for the visitors. During the visit, the participants will reflect on similarities between the organization of the bees' colony and the company's organization; this will contribute to your company's strategic reflections.

After visiting the honeycomb panels, you will eat a delicious paella dish. The bee farm is 40 minutes away from Barcelona where you can enjoy awesome Mediterranean sea views.



# FARMLAND GUIDED HIKE

## Description

Enjoy this guided hike with amazing sea views, while gaining new knowledge of the agriculture and flora and fauna of the Mediterranean. During the hike, we will discuss fun questions about seasonal farming, agriculture, and how to responsibly consume foods. Additionally, we will visit a sustainable farm that produces eco friendly eggs and is a social work placement project for people with mental functional diversity. We will have an appetizer while learning about the ecological production of eggs and how the social work placement project for people with mental functional diversity is intergrated into this farm. During the hike, we will contribute by cleaning the path along the way, and there is also the opportunity for you to volunteer on the farm.



# SEA, SOURCE OF LIFE

## Description

Let's get to know about marine ecosystem with water sports such as kayaking, paddle surf, big paddle surf, and sailing and/or Beach Sports and Clean-up; on beaches in the Maresme, just a few minutes away from Barcelona. At the end of the activities, you will have a snack or lunch. Our nautical schools are non-profit associations that employ people with mental functional diversity or young people in vulnerable socio-economic situations. Also, they have sustainable practices such as repairing and reusing boats and other sea related materials.

The games to understand more about the marine ecosystem can also be done at your venue.



Form 39€/pax



3,5 hours



max. 25 pax



69€/pax



5 hours



max. 50 pax



99€/pax 10-20

89€/pax 21-30

79€/pax 31-50



4 hours



max. 100 pax



# WINE TOUR

## At Collserola Park

Visit one of the vineyards closest to Barcelona set up by a cooperative that employs and houses people with mental functional diversity at risk of social exclusion. The vineyard is located in the beautiful park of Collserola, the lungs of Barcelona, just 30 minutes from the city centre. Arrive to the winery and its authentic farmhouse doing a guided hike through Collserola park or by car. Experience a tasting with their fantastic wines that are bought by the Barcelona City Council for their events. We will also give you info about other sustainable projects happening in Collserola Park. People with mental functional diversity work and live in the vineyard itself and help with the organization of visits. A local snack will be provided with the wine tasting, and there is also a lunch option.



From 79€/pax



2,5 hours



max. 50 pax



From 89€/pax



4 hours



max. 50



# POBLENOU SUSTAINABLE TOUR

## Description

On the tour, you will learn about sustainable urban planning, the recovery of architectural heritage, and productive projects managed according to social and supportive economy criteria. It includes a visit to a craft beer manufacturing site with two beer tastings, a visit to a hub that promotes the use of the bicycle, and a visit to a community allotment where you will discover more about grassroots activism, efforts to create community spaces in Barcelona and the biodiversity you can find in the city. There is an option to finish the tour with a snack and volunteering in the community vegetable garden.



From 79€/pax



3,3 hours  
2,3 hours



max. 50

# WHO ARE WE?

Greenevents is a social economy entrepreneurship that designs and organizes Sustainable Activities, Team building and Corporate Volunteering, in and around Barcelona.

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## We are associated with:



# ON SITE ACTIVITIES

### In and around Barcelona

Sustainable with social and ecological positive impact



# INSECT HOTEL

## Description

Build an insect hotel that will be donated to an entity in a natural environment and let's do a participatory reflection about biodiversity. Activity suitable for 1 hour in 15-minute sessions with rotating groups. A collaborative insect hotel is made.



# YOGA, INTERACTIVE MOVEMENT AND MASSAGE

## Description

Through this activity, we acquire more knowledge of how we communicate through our bodies. Yoga, interactive movement, and massage help you to maintain better posture, and promote health and well-being. You will also learn how to do a basic Thai massage. As part of our team, we have professionals like *Catalina González*, who is a multidisciplinary artist and yoga teacher that has been professionally trained in New York, Thailand, and Barcelona, and has more than 10 years of experience. *Luz Monsalve* has been active in the dance world for 20 years, performing contemporary, modern, jazz, classical, flamenco, and afro-latin dances. As well as being a Greenevents coordinator and founding member, she is a dance teacher at different cultural centers in the Maresme area.

# FAMILY DAY

## Description

We organize "Family Days" with the following activities that foster reflection on environmental problems :

- Paper cycle dominoes
- Seed bombs and let's reflect about seed keepers of knowledge
- Jewelry workshop with recycled material.
- Identification of medicinal plants with their properties.
- Calendar to identify seasonal vegetables and fruits or seasonal fishes.
- What ecological footprint leaves you consumption?
- Guess how long it takes to biodegrade our waste
- Let's correctly guess our residue



From 59€/pax 2,30 hours



From 59€/pax



2,30 hours



max. 150



From 39€/pax



2 hours



max. 50



# THINKING ABOUT SDG-S

## Description

Thinking about SDGs that your company is putting in practice or has to improve! This activity is boosted by our CSR expert team. An activity to facilitate a dynamic cocktail hour to network and reflect on SDGs; this activity could be scheduled before the company's lunches or dinners.



# FAIR TRADE: COFFEE OR CHOCOLATE TASTING

## Description

We'll take you into the world of coffee or chocolate and you will get to know more about fair trade and responsible consumption.



# LEARNING ABOUT SUSTAINABILITY at 4 stations

## Description

This activity engages interactive reflection facilitated by experts on energy and climate change, responsible consumption, waste management, and global inequality. You will be divided into 4 sub-groups which will visit each of the stations. After listening to the dedicated expert at each station, you will exchange ideas in order to contribute your ideas towards coming up with solutions for environmental problems. After going around to each of the 4 base points, we will begin a debate so that participants can present their proposals on how to resolve these problems. A report will be subsequently sent to the company regarding participant contributions.



1From 390€/1h



1- 2hours



max. 80



From 720€/1h



30 min - 2hours



max. 80



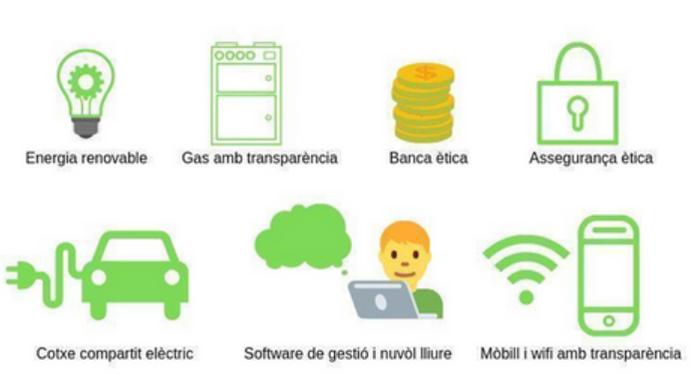
From 49€/pax



3 hours



max. 50



# UTILITY PROVIDERS IN CATALONIA

with social and ecological criteria for responsible consumption

### Description

Get to know about providers in Catalonia of energy and gas, mobile services, banking, insurances, transport and free software, with social and ecological criteria that make changes for responsible consumption. Participants who bring their own bills can make the change to a responsible consumption. This activity only available for residents in Catalonia.




 From 350€/1h 20 min-2 hours max. 100






 From 39€/pax 2 hours max. 100




 From 770€/2h30min 2:30 hour max. 16

# DRUMS WORKSHOP

### Description

we will use the voice, the body and the percussion to relax and have fun, finding our deepest rhythm, and joining ourselves to the other participants. We will work on self connection, first at an internal level and then a group level. At the end we will have a snack.



# CLIMATE FRESH

### Description

Based in IPCC inform, this workshop allows people to raise awareness on global warming.  
**What will we learn?**  
 Causes and consequences of climate change.  
 The impact of human activities on the eco-system.  
 Reflections and exchanges on solutions